

Bring Baycrest home



When it comes to caring for the health of older adults, there aren't many places in the world like Baycrest.

Baycrest@Home brings a century of expertise right to your home by offering a full schedule of live, interactive programs designed to stimulate the mind, body and spirit.

Baycrest@Home members and their families also have access to connect virtually with clinical experts to address changing needs in safety, wellness, mental health and family care supports.

Baycrest@Home is dedicated to enriching the lives of older adults by empowering them to live safely, happily and longer at home.

Complimentary
initial consultation
available

Contact us to learn more:

Visit baycrestathome.ca

Call 647-576-HOME (4663)

Email info@baycrestathome.ca

 @baycrestathome  @BaycrestAtHome

Baycrest
@HOME



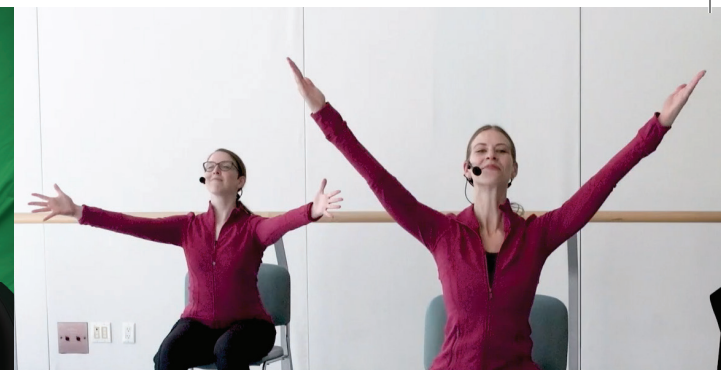
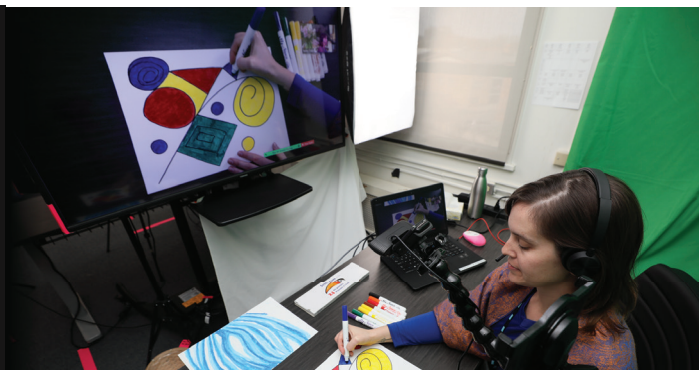
The Bernard &
Norton Wolf
Family Foundation



Baycrest
@HOME

Supporting older adults
with memory changes to
live well at home.





Enjoy a Warm and Friendly Community of Coaches and Peers Online

Here are some things that our members have said:

"This has been a life-saving program for our mom. She does not have hobbies so having these programs allows her to do something productive on days we do not visit, rather than watching, and falling asleep in front of the TV."

"It's really FANTASTIC that you are providing this wonderful service online! It breaks up the day for mom and her caregiver."

"It provides my mom with a vehicle to socialize, which helps her mental health."

Online Recreation Membership

The Baycrest@Home experience begins with our 30-day free trial.

Move, share, laugh, learn, and create – together. Here's what your membership will include:

- Programs designed for older adults with memory changes including art, music, discussion, and interactive games
- Unlimited access to a weekly schedule of over 40 hours of live social and recreational offerings
- Growing library of recorded programming available 24/7
- Live and on-demand education and training for families
- Access to Baycrest's leading clinical experts to answer your questions
- Discount for additional Baycrest@Home services

\$59.00 per month after the free trial (10% off for a 6-month subscription)

Register today and start your free trial by going to **baycrestathome.ca**. Enter code **FREE30** at checkout.

Create a schedule that fits your interests or let us help you plan your day.

Sample schedule for members:

10:00 - 10:45 a.m.	Seated Exercise
11:00 - 11:45 a.m.	Reading Club
1:00 - 1:45 p.m.	The Curiosity Lab
2:00 - 2:45 p.m.	Let's Dance!
3:00 - 3:45 p.m.	Bingo
4:00 - 4:45 p.m.	Comedy Club
7:00 - 7:45 p.m.	An Evening of Music

Call today to learn more about the wide variety of programs and classes offered to members.

We are proud to be partnering with leading organizations to deliver engaging and meaningful programming.

TSO

Toronto
Symphony
Orchestra

Benia
concerts

DANCE  EXCHANGE

CANADA'S
NATIONAL
BAJET
SCHOOL
Sharing Dance

tiff

nova
dance

DANCING WITH
PARKINSON'S
CANADA

LIVE 

