

Secondary Stroke Prevention Clinic

The Secondary Prevention Clinic is a regional service that provides assessment of risk factors speeds up clinical investigations, management, and provide patient education through counseling and lifestyle modification.

Clinic Locations (you will be instructed of the location of your appointment when you are booked)

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| Martin Family Centre B1 (Ground Level) Queen St. Michael's Hospital 30 Bond Street Toronto, Ontario M5B 1W8 | Third Floor, Shuter Wing, Room 3-001 30 Bond Street, St. Michael's Hospital Toronto, Ontario M5B 1W8 |
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What do I bring with me to the clinic?

- **Bring all of your medications in their containers from the pharmacy.** These include vitamins, minerals, herbal supplements, eye drops and inhalers.
- **Bring a short written list of all your past surgeries, medical conditions or accidents with you.** Include the area of your body involved and the year it happened. The nurse will review this at your appointment.
- **Bring copies of recent tests such as CT scans and Carotid Dopplers done outside St. Michael's Hospital.** This includes paper or computer copies done on CD-ROM. You will need to call the private lab or hospital where these tests were done and ask for copies to be made and bring them to your first appointment.

On the day of your clinic visit:

- Have your regular meals before your appointment.
- Take all of your regular medications on the day of your appointment.
- Plan to be at the clinic for 2 to 3 hours.
- Bring one person with you such as a spouse, family member or friend, if you can.



South East Toronto
Stroke Network

FEWER STROKES. BETTER OUTCOMES.

St. Michael's

Inspired Care. Inspiring Science.

TTC Directions to the Hospital

1. Exit the subway at the Queen subway station.
2. The Queen subway station is on the Yonge-University-Spadina subway line.
3. Then walk one block east on Queen Street to the Queen entrance.

Driving Directions and Parking for the Hospital

From the Don Valley Parkway

1. Exit at Richmond Street
2. Go west to Church Street
3. Go north to Queen Street
4. Go west to Bond Street

From the Gardiner Expressway

1. Exit at Jarvis Street
2. Go north to Queen Street
3. Go west to Bond Street

Parking

There is indoor parking directly across Queen Street and an outdoor parking lot directly across from the Hospital on Bond Street. These private lots are not operated or owned by St. Michael's Hospital.

